

All About Your Health

system. However, some infections can be stubborn enough that even these treatments may prove ineffective, in which case the Chiropractor may administer a local anaesthetic and remove the infected areas through an in-office procedure.

Some plantar warts can be painful, and so your Chiropractor may also provide temporary cushioning devices to "offload" pressure areas of your foot until treatment is complete.

During and after treatment for plantar warts it is important to always wear clean, dry shoes, socks, panty hose, etc., and remember that old footwear items must either be sanitized or discarded following an infection or re-infection may occur.

IF THIS BE QUACKERY

by Muriel M. Grant D.C., N.D.

Hippocrates, considered the Father of Medicine, is known to have said among other things, "A wise man should consider that health is the greatest of human blessings, and let your food be your medicine, and your medicine be your food."

Thomas A. Edison said, "The doctor of the future will give no medicine, but will interest his patients in the care of the human frame, in diet and the cause and prevention of disease."

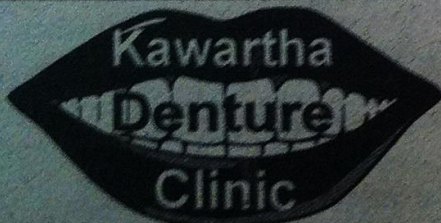
More recently in the authoritative text *Alternative Medicine, the Definitive Guide*, "... there is a magical and intangible element in the healing process which cannot be scientifically measured — the role of the mind and the emotions." The Burton Goldberg Group.

Dr. Alan Nittler, M.D. in *New Breed of Doctor*, wrote that cleansing of the gastrointestinal tract has been known to start the patient on the road to recovery.

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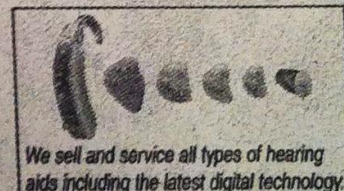
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