

All About Your Health

GETTING WELL BY SUPPRESSING THE SYMPTOMS OR TREATING THE CAUSE

by Muriel M. Grant, D.C., N.D.

Even prior to the time of Hippocrates (Circa 400), people all over the world have been relying on mother nature to cure their ills.

They have used many natural remedies and foods such as olive and castor oils, honey, royal jelly, bee pollen, propolis, bush and tree leaves, berries, certain clays and soils, water baths, elixirs and various ancient herbs such as frankincense, myrrh, hyssop, aloe vera and ginseng. Mother nature was the great healer and accepted by the body.

Not until the 1930s, did it become popular to turn to modern methods of drug therapy which replaced natural methods of healing.

In Dr. Julian Whitaker's recent U.S. paper titled 'Health & Healing...Consumer Alert,' he states "When I graduated with my M.D. degree from the prestigious Emory University Medical School, I was sickened by the way modern medicine treated patients...poisoning them, cutting them up - taking

their money; then onto the next it was all about suppressing symptoms."

Thank God we live in a country where the integrity and compassion of most doctors is evident, even though their schedules are often overloaded. To be fair, our health care system is quite different.

Still, the system of "controlling" a health condition by reducing the symptom with a chemical or combination of chemicals, flies in the face of logic when the biochemistry is obviously already out of balance. Further, side effects can be



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