

Many of us within the body of Christ have experienced long seasons of frustration. We have been frustrated with frustration, fighting it as an enemy instead of embracing it as a friend. Our frustrations can actually be a gift from God, meant to bring us to a place of abandonment. To be frustrated can lead us to a place of being tired and fed-up with the way we do things to fulfill the dreams we have, the desires we have, and the hopes that we have.

**If there were no frustration, we would continue with our own plans; plans that have not only been ineffective in our personal lives, but really hindering us, holding us back from all that God has for us. Frustration can be the road block that will get our attention enough to cast it all off and be willing to embrace His plans and purposes for our life.**

There will come a new season of brokenness in our life. It will not be how we often think of brokenness - the negative connotation of brokenness that comes as a result of being damaged and full of pain. This new season of brokenness is a brokenness to yield from trying to do things our way; broken by yielding, an attentiveness to do things God's way. Now, after so much time of our way not working, the frustrations we have experienced are now causing us to pay close attention to God's plans for our life, being willing to allow Him to have His way.

I see at the foot of the Cross a huge pile of clothes which we have cast off – **an imagery reflecting as we cast off the “clothes” we are actually casting off layers (of “stuff”) in abandonment.** Not abandonment as negative, but positive – making the choice to abandon our ways, abandon our plans, abandon our dreams, abandon ALL that we thought our life would be - casting it all at the altar, making us free of our own frustrating entrapments, exchanging our way for God's way.

Yes, it has been a very, very long season of FRUSTRATION, the season of frustration that God has allowed. It is (can now be) over **if we choose** to allow our frustration to cause us to embrace abandonment, turning from our self, turning to God's ways, His plans, His dreams for our life.

This new season of brokenness and abandonment is actually a turning point for us individually, as we truly finally choose to open our self up to God's way of doing things. As we cast off in abandonment and embrace intimacy, we will experience a new level of worship, a new level of freedom. Do not sabotage your worship unto Him, flow in the newfound freedom, as we continue to abandon our self unto Him.